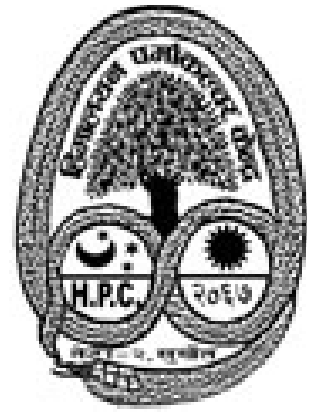


HPC Report October 2014 - April 2015
Photo Gallery – Surkhet



Left - one of dozens of HPC's demonstration farmers in Surkhet, Mr Nettra B Gurung of Janasahayogi group, Subbatol village, with his vegetable garden comprising cabbage interplanted with companion plants of fennel and coriander

Right - villagers are provided grafted peach, apricot and pear seedlings for planting at home following their participation in a 5-day residential farmers' training at Baragaun Resource Centre in Surkhet. Planting and care of fruit seedlings is part of the course.



Left - Chief technician Kul B. Buddha facilitating a class during a mobile Farmers' training, provided in situ in villages.



Left - Showing a slide show about orchard management to students from Baragaun Primary School at the Resource Centre. HPC uses a pico projector which is rechargeable and also able to be used in the remote vilages away from grid electricity.



Right - participants from Jagaran group of Khaltakura village learn how to make a salt lick for livestock on a technical training



Left - participants of Jagaran group on a mobile farmers' training held in Sano Khaltakura village learning about the "Hay Box" - which acts like a thermos to conserve heat used to bring food to the boil until it is fully cooked, thus conserving fuel and reducing smoke. Food (rice, pulses, stew, etc.) is brought to the boil and placed in the hay box (a traditional basket packed with straw) where it continues to cook.

Right - Barefoot consultant Tek B. Pun facilitates a mobile Farmers' Training in a new village, Gurung Gaun, Rajena VDC. HPC's barefoot consultants are active and experienced farmer-practitioners that have also been given teacher training.





Left - at a mobile farmers' training, Jagaran group are shown how to collect, store and use human urine as a Nitrogen-rich resource for growing vegetables, mulching and compost making. This approach, pioneered in Nepal by DZI Foundation in Eastern Nepal, is a new chapter in the recently re-printed [Farmers' Handbook](#).



Right - pipe is collected from the road head by members of Janasahayogi group of Subbatol village for use in their irrigation system. They will carry the pipe for a day before reaching their village.



Left - a 30,000 litre water collection tank lined with heavy duty plastic, made by members of Pragatshil Group, Salgadi village, for their irrigation system. The water is fed to and from this tank via gravity.

Right - participants queue up to attend a womens' health camp run by HPC in association with the district and VDC Health Office, at Neta High school in December 2014. At the camp 128 women received treatment and conselling for a variety of ailments





Left - group volunteers at the Women's Health camp act out a role play about women's health issues as theatre for the participants as they queue.

Below - attendees of the Women's health camp are provided with educational classes to augment their treatment and counselling - here being shown a poster display.



Left - attendees of the health camp receive counselling about their ailment, how it is caused and how it can be prevented and/or treated.

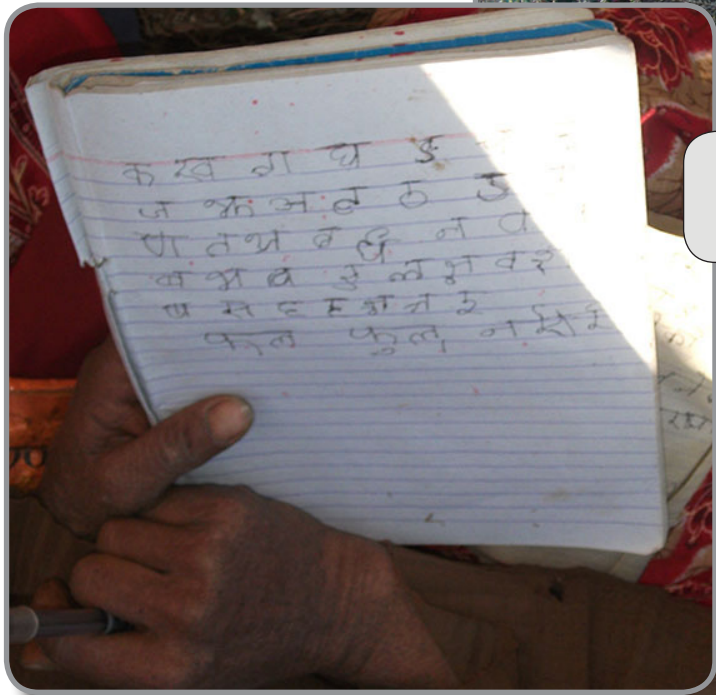
Right - members of Ujwal Group of Thulo Khaltakura involved in maintenance of their drinking water system. Because of the simple and local technology used by HPC, in particular not using cement in tank construction, village groups can maintain their own water systems with minimal cost and external input.





Left - participants of the practical literacy class (PLC) of Janasahayogi group, Subbatol village applying in practice what they have been learning to read and write - they will have learned the letters and word construction of "nursery" and then make one and sow seeds in a participant's garden

Right - members of Janasahayogi group, Subbatol during their PLC. The classes are held for 2 hours 5 days a week and continue for 9 months.



Left - writing practice of a PLC participant, starting with how to hold the pencil, progressing to the writing of letters and then words



Right - a member of Himal group, Ghatu-tol village, with Swiss Chard seed she has saved for distribution amongst hers and other groups in Surkhet. Villagers have become competent at saving many types of seed and using them to grow healthy vegetables. HPC have also produced a short video, "Local Seeds, Our Future" about the value of saving local seeds.



Left - farmers from Humla on HPC's annual Farmers' Field Trip from Humla to Surkhet where they get a chance to view various community and farming initiatives and innovations. Here they are seeing the new calf of a local cow bred with an improved variety of bull.



Right - members of Pragatshil group, Salgadi village, at the opening of their community building along with a toilet, seed drying area and nursery. They have made this with their own community contributions of labour and materials.



Left - participants of HPC's annual Farmers' Festival in March play tug-o-war in friendly inter-group competitions, including song, dance, theatre and sports. About 350 villagers attended the festival

Right - the exhibition stall at the Farmers' Festival where groups and individuals bring farm produce or grains, vegetables, fruits and handicrafts to exhibit, and prizes are awarded.



Right - HPC staff Hommaya Gurung (Women's Health coordinator) and Dilu Rokaya (accountant) role play about preparing and eating healthy greens as part of a balanced diet, in HPC's video production program, part of a recent follow-up training to that held last year.



Left - Hommaya continues the role play outside by the fire while Humla Coordinator Paumal Aidi films. The video can be seen on You-tube at https://www.youtube.com/watch?v=EEc_iz70mN8&feature=youtu.be The other film about local seeds can be seen at <https://www.youtube.com/watch?v=0PQg7Pd1FJ4&feature=youtu.be>

HPC was again lucky to receive the expertise of Ms Marleen Bovenmars, and her company, InsightShare, with her translator and technical assistant, Renu Sakya from Kathmandu, for another self-funded visit to provide the follow-up training for 6 HPC staff and farmers. *Below* - Hommaya and Dilu watch their recording

